ANTHEM PAIN MANAGEMENT ECHO

The goal of Project ECHO* is to increase health care capacity by democratizing knowledge and to strengthen the capacity among primary care providers. This will be a series of 60-minute-long teleconference sessions in which providers will have the opportunity to speak with a multidisciplinary team of subject matter experts in the field of Pain Management. These sessions will help primary care providers better understand how to manage their patients with Pain Management while gaining access to subject matter experts, including a board certified specialist in Pain Medicine as well as Physical Medicine and Rehabilitation, a licensed psychologist specializing in chronic pain, and a specialist in mental health and substance use disorder.

WEDNESDAYS AT 8 AM PT / 60 MIN

Register At https://rb.gy/x4s2o

Orientation To Project ECHO October 11th

How Did We Get Here and What Can We Do? October 25th

> **CDC Guidelines For Opiate Prescribing** November 8th

12 Steps to Proper Opiate Prescribing; Opiates, Benzos, & More November 22nd

Motivational Interviewing For Patients with Chronic Pain December 6th

Cognitive Behavioral Therapy Approached to Pain Management December 13th





University of Nevada, Reno School of Medicine Anthem.

Project ECHO

* Project ECHO is an independent company providing pain management services on behalf of the health plan. NVBCBS-CD-037581-23 September 2023