

Enhancing patient care with the House Call Program

Anthem offers annual in-home assessments (IHAs) to eligible members at no additional cost.

We partner with established home health vendors like Matrix Medical Network to provide comprehensive health evaluations either from the comfort of the member's home or virtually via smartphone, tablet, or computer.

What happens during a House Call visit?

A licensed clinician spends up to an hour one-on-one with the patient and will:

- Perform basic health screenings such as BMI and blood pressure checks.
- Review all medications currently taken by the member.
- Assess and document health conditions affecting the member's well-being.
- Observe living conditions to provide a fall risk assessment.
- Help schedule follow-up appointments with the member's PCP.
- Answer any questions the member has and discuss health concerns.



Delivering positive outcomes

- 96%** Member satisfaction rate
- 90%** of members visit their PCP within 90 days of a House Call visit
- 17%** Lower hospital readmission rate than those who did not complete a House Call



<https://schedule.matrixforme.com>
855-286-9062 (TTY 711)

Matrix Medical Network is an independent company administering the House Call program on behalf of Anthem Blue Cross and Blue Shield.

Anthem Blue Cross and Blue Shield is the trade name of: In Connecticut: Anthem Health Plans, Inc. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In 17 southeastern counties of New York: Anthem HealthChoice Assurance, Inc. and Anthem HealthChoice HMO, Inc. In these same counties, Anthem Blue Cross and Blue Shield HP is the trade name of Anthem HP, LLC and Anthem Blue Cross and Blue Shield Retiree Solutions is the trade name of Anthem Insurance Companies, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. Anthem Blue Cross and Blue Shield and its affiliate Healthkeepers, Inc. serve all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. Independent licensees of the Blue Cross Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

MULTI-BCBS-CR-083703-25 CPN81684