9amHealth – Weight Management Program for Georgia State Health Benefit Plan (SHBP) Members

Important Prescribing Update

Effective February 1, 2026, all **weight-loss prescriptions must be written by a 9amHealth provider** for Georgia SHBP coverage. Upon enrollment in the 9amHealth program, prescriptions and prior authorizations from other providers will no longer be accepted for any weight loss medications.

9amHealth is a physician-led weight management program available to **Georgia SHBP** members enrolled in **Anthem Blue Cross and Blue Shield HRA or HMO** plans.

The program is designed to **complement existing provider care** by offering structured medical weight management with ongoing monitoring and lifestyle support.

Services Include

- Board-certified weight health providers
- FDA-approved weight-loss medications (including GLP-1s, when appropriate)
- Lab testing and clinical monitoring
- At-home monitoring via connected devices (e.g., scale, blood pressure cuff)
- Nutrition, fitness, and lifestyle coaching

Care Coordination

With patient authorization, 9amHealth will **share clinical progress, medication updates, and relevant care notes** with a patient's existing physicians to support continuity of care.

Patient Eligibility

- BMI ≥ 30
- BMI ≥ 27 with one or more weight-related conditions
- Currently taking a weight-loss medication or interested in losing weight with or without medication
- Age 18+

Anthem Blue Cross and Blue Shield is the trade name of Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. Independent licensee of the Blue Cross Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.
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How Patients Enroll

- **Online:** join9am.com/shbp
- **Call/Text:** 888-870-9542

NOTE: Prescriptions provided by 9amHealth will continue to be filled through the State Health Benefit Plan's pharmacy benefit manager, CVS Caremark.

Watch Dr. Waring's Video

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